TOBACCO CONSUMPTION

- 30.9% of Russian adults (age 15+) use tobacco (men 50.9%; women 14.3%), nearly all of whom smoke cigarettes.\(^1\)
  - 0.4% of adults use smokeless tobacco and 2.8% smoke waterpipe tobacco
- About 17% of boys and 10% of girls (age 15) smoke in the Russian Federation.\(^2\)
  - 30% of these boys and 22% of these girl smokers report starting at age 13 or younger

SECONDHAND SMOKE EXPOSURE

There is no safe level of secondhand smoke.\(^3\)

- 21.9% of adults who work indoors are exposed to secondhand smoke at the workplace, 19.9% of adults are exposed in restaurants, and 10.8% on public transportation.\(^1\)
- 89% of youth (age 13–15) are exposed to secondhand smoke in public places and 76% of youth are exposed to secondhand smoke at home.\(^4\)

HEALTH CONSEQUENCES

Tobacco use is deadly. Smoking kills up to half of all lifetime users.\(^5\)

- Nearly 329,000 Russians die each year from tobacco-related causes.\(^6\)
- Nearly 30% of all male deaths and over 6% of all female deaths in the Russian Federation are tobacco-related (nearly 18% of deaths overall).\(^6\)
- Approximately 75% of tracheal, bronchus and lung cancer mortality, 53% of COPD mortality, and 25% of ischemic heart disease deaths are related to tobacco.\(^6\)

COSTS TO SOCIETY

Tobacco exacts a high cost on society.

- In 2009, money spent on tobacco products amounted to almost 1% of the nation’s GDP.\(^7\)
- Productivity losses due to tobacco-related premature deaths cost at least RUB 710.4 billion (23.7 billion USD) annually, more than 3% of the Russian Federation’s GDP.\(^7\)
- Tobacco use incurs significant healthcare costs from tobacco related illnesses. Cardiovascular and respiratory diseases attributable to tobacco alone have cost the healthcare system RUB 125 billion (4.2 billion USD).\(^7\)