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South Dakota Kids Will Kick Butts – and Juul – on March 20 *State Leaders Challenged to Fight Skyrocketing Epidemic of Youth E-Cigarette Use*

WASHINGTON, D.C. – Kids in South Dakota will unite against tobacco use on March 20 as they join thousands of young people nationwide to mark Kick Butts Day, an annual day of youth activism sponsored by the Campaign for Tobacco-Free Kids. More than 1,000 events are planned across the United States (see below for a list of local events).

This year, kids are focused on kicking Juul, the e-cigarette that has become enormously popular among youth across the country.

While cigarette smoking among high school students nationwide has fallen to 8.1 percent, e-cigarette use among high schoolers rose by an alarming 78 percent in 2018 alone – to 20.8 percent of the student population. In 2018, more than 3.6 million middle and high school students used e-cigarettes. U.S. public health leaders have called youth e-cigarette use an “epidemic” that is addicting a new generation of kids.

In South Dakota, 17.3 percent of high school students use e-cigarettes, while 10.1 percent smoke cigarettes. Tobacco use claims 1,300 lives in South Dakota and costs the state \$373 million in health care bills each year.

On Kick Butts Day, youth and health advocates are calling for strong action to reverse the youth e-cigarette epidemic. In particular, they are calling on the Food and Drug Administration, states and cities to ban all flavored tobacco products, including e-cigarettes in flavors like cotton candy, gummy bear and mango that tempt kids. Other effective strategies to reduce youth tobacco use include laws raising the tobacco sale age to 21, significant tobacco tax increases, comprehensive smoke-free laws and well-funded tobacco prevention programs.

“This year on Kick Butts Day, we’re challenging policy makers at every level to do their part to reverse the youth e-cigarette epidemic and continue driving down youth tobacco use,” said Matthew L. Myers, President of the Campaign for Tobacco-Free Kids. “We cannot allow e-cigarettes, especially Juul, to addict another generation and reverse the enormous progress we’ve made in reducing youth tobacco use.”

Key facts about e-cigarettes include:

- The main cause of the youth e-cigarette epidemic is Juul, which looks like a computer flash drive, is small and easy to hide, delivers a powerful dose of nicotine, and comes in kid-friendly flavors like mango, fruit and mint. According to the manufacturer, each Juul “pod” (cartridge) delivers as much nicotine as a pack of 20 cigarettes.
- E-cigarettes pose serious health risks for kids. [The U.S. Surgeon General](#) has found that youth use of nicotine in any form – including e-cigarettes – is unsafe, causes addiction and can harm

the developing adolescent brain, affecting learning, memory and attention. Studies also show that young people who use e-cigarettes are more likely to become cigarette smokers.

On Kick Butts Day, youth join in creative events including signing pledges to be tobacco-free, learning about the harmful chemicals in tobacco products and organizing rallies at state capitols.

In South Dakota, activities include:

Clubs Against Tobacco (CAT) Club members will mark Kick Butts Day at the **Boys & Girls Club of Brookings** by sharing public service announcements with their peers and committing to being tobacco-free, encouraging loved ones to quit smoking, and signing a pledge wall. Time: 4 PM. Location: 1126 Southland Lane, Brookings. Contact: Matt Sass (605) 692-3333.

White River High School's T.A.T.U. (Teens Against Tobacco Use) group will gather harmful products found in cigarettes as the result of smoking cigarettes, especially e-cigarettes, and showcase them to fellow students at the elementary, middle and high school level. Time: 10 AM. Location: 418 3rd Street, White River. Contact: Joyce Glynn (605) 441-5389.

The Lifeways Counselor and **Youth to Youth** students at **North Middle School** will present a range of visual and interactive, anti-tobacco education information for students in the cafeteria during lunches to mark Kick Butts Day and underscore the importance of tobacco-free living. Time: 11 AM. Location: North Middle School Cafeteria, 1501 North Maple Street, Rapid City. Contact: Michele Brink-Gluhosky (605) 484-0887.

All events will take place March 20 unless otherwise indicated. For a full list of Kick Butts Day activities in South Dakota, visit www.kickbuttsday.org/map. Additional information about tobacco, including state-by-state statistics, can be found at www.tobaccofreekids.org.

