



## MOTHER'S DAY DATA ON SMOKING MOMS AND RELATED HARMS

For many kids, Mother's Day means taking mom out to breakfast, giving her a gift, or just saying thanks. On this special day for moms, we should also remember that a terrific way to celebrate Mother's Day might be to pledge to give moms who currently smoke the kind of loving support, encouragement and information that could help them to be tobacco-free before Mother's Day next year.

In the United States, more than 21 million adult women currently smoke, putting them at risk for heart attacks, strokes, lung cancer, emphysema and other life-threatening illnesses. Lung cancer is the leading cancer killer among women, and smoking is attributable for 80 percent of these deaths. Smoking also accounts for one of every five deaths from heart disease, the overall leading cause of death among women. When women quit smoking, they improve their own health as well as the health of the people around them. Mothers who give up smoking improve the likelihood that their children will grow-up to be tobacco-free and lead much longer and much healthier lives.

States	Smoking Rate Among Women	State Rank Women Smoking (1 = low)	Number of Women Smokers	Annual Women Smoking Deaths	Pregnant Women Smoking Rate	State Rank Pregnant Smoking (1 = low)	Pregnant Births Per Year	State Kids Who Have Already Lost Their Moms to Smoking	New Kids Who Lose Their Moms to Smoking Each Year	Taxes paid for SSSI Payments to Kids With Moms Lost to Smoking (millions/yr)	Total State Health Costs to Treat Female Smokers (millions/year)
<b>United States</b>	<b>17.9%</b>	<b>--</b>	<b>21,612,000</b>	<b>173,940</b>	<b>10.0%</b>	<b>--</b>	<b>418,000</b>	<b>86,000</b>	<b>12,100</b>	<b>\$723.9</b>	<b>\$37.9 bill</b>
Alabama	19.7%	41st	369,200	2,700	12.1%	24th	7,500	1,600	230	\$10.29	\$538.5
Alaska	20.5%	44th	50,600	100	<b>14.5%</b>	31st	1,600	230	30	\$1.65	\$61.1
Arizona	14.3%	10th	349,200	2,700	6.3%	5th	5,800	1,500	220	\$11.43	\$519.8
Arkansas	21.9%	47th	246,700	1,800	<b>16.5%</b>	38th	6,500	1,000	140	\$5.59	\$298.4
California	10.2%	2nd	1,413,000	15,200	NA	NA	20,600*	8,600	1,200	\$82.55	\$3,807.6
Colorado	14.6%	12th	276,500	1,800	<b>8.8%</b>	16th	6,000	1,000	150	\$11.05	\$540.0
Connecticut	14.7%	13th	206,600	2,100	7.0%	8th	2,700	840	110	\$12.07	\$731.5
Delaware	16.6%	25th	58,700	400	12.9%	28th	1,400	250	30	\$2.41	\$115.7
Washington, DC	14.8%	14th	38,500	200	3.9%	1st	300	200	20	\$2.16	\$95.2
Florida	16.3%	24th	1,212,100	11,500	<b>7.5%</b>	10th	16,500	5,600	790	\$34.29	\$2,548.4
Georgia	15.5%	20th	578,300	3,900	<b>6.5%</b>	7th	9,100	2,800	400	\$20.32	\$833.6
Hawaii	13.9%	6th	69,600	300	<b>5.9%</b>	3rd	1,100	300	40	\$3.18	\$104.0
Idaho	13.9%	6th	78,500	500	10.5%	23rd	2,400	360	50	\$2.79	\$121.6
Illinois	16.7%	26th	834,500	6,600	<b>7.4%</b>	9th	12,600	3,400	480	\$35.56	\$1,641.8
Indiana	21.5%	46th	533,500	3,800	19.1%	45th	16,500	1,800	260	\$16.51	\$829.4
Iowa	14.8%	14th	173,700	1,500	16.5%	38th	6,500	640	90	\$7.62	\$365.9
Kansas	17.1%	28th	183,700	1,500	12.7%	27th	5,200	670	90	\$7.24	\$358.2
Kentucky	24.2%	51st	411,700	3,000	24.4%	49th	13,900	1,400	190	\$8.89	\$581.0
Louisiana	19.3%	37th	339,200	2,400	10.0%	20th	6,500	1,900	270	\$8.76	\$544.5
Maine	15.8%	21st	85,600	900	<b>14.6%</b>	32nd	1,900	320	40	\$2.79	\$249.1

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Maryland	13.8%	3rd	313,700	2,900	6.2%	4th	4,700	1,700	250	\$15.24	\$838.7
Massachusetts	14.0%	8th	376,200	4,000	8.1%	14th	6,000	1,400	200	\$19.05	\$1,584.4
Michigan	18.2%	35th	713,300	5,900	13.4%	29th	15,700	3,000	430	\$29.21	\$1,386.8
Minnesota	14.9%	16th	302,400	2,100	9.5%	18th	6,600	970	130	\$15.24	\$794.0
Mississippi	19.8%	43rd	226,800	1,600	12.1%	24th	5,200	1,300	180	\$5.59	\$247.0
Missouri	21.9%	47th	517,100	3,700	18.2%	43rd	14,300	2,000	290	\$13.97	\$839.9
Montana	17.3%	30th	65,700	500	19.1%	45th	2,300	300	40	\$1.91	\$111.5
Nebraska	15.0%	18th	102,600	800	15.4%	34th	4,100	420	50	\$4.32	\$191.9
Nevada	21.3%	45th	205,700	1,300	10.0%	20th	3,800	660	90	\$4.45	\$234.8
New Hampshire	14.3%	10th	75,800	700	14.0%	30th	1,900	300	40	\$3.81	\$244.1
New Jersey	14.2%	9th	488,600	4,800	7.8%	12th	8,500	2,200	310	\$29.21	\$1,382.3
New Mexico	16.1%	23rd	123,000	800	7.9%	13th	2,200	670	90	\$3.56	\$181.2
New York	16.8%	27th	1,323,600	11,100	8.1%	14th	20,600	4,600	650	\$57.15	\$3,578.7
North Carolina	17.7%	32nd	651,000	4,600	10.0%	20th	12,700	2,500	360	\$20.32	\$932.8
North Dakota	17.9%	33rd	45,000	200	17.4%	42nd	1,500	150	20	\$1.40	\$79.6
Ohio	19.5%	39th	893,400	7,500	18.6%	44th	26,900	2,800	400	\$27.94	\$1,775.8
Oklahoma	24.0%	50th	340,200	2,400	15.7%	36th	8,400	1,300	180	\$6.35	\$460.6
Oregon	17.2%	29th	258,200	2,000	12.4%	26th	5,800	1,000	140	\$8.89	\$464.0
Pennsylvania	19.1%	36th	975,900	8,100	15.6%	35th	22,900	3,200	450	\$34.29	\$2,110.4
Rhode Island	14.9%	16th	64,200	700	9.6%	19th	1,100	250	30	\$2.92	\$220.6
South Carolina	19.3%	37th	349,800	2,200	15.7%	36th	9,400	1,500	220	\$9.40	\$398.0
South Dakota	18.1%	34th	55,900	300	19.3%	47th	2,300	260	30	\$1.65	\$92.6
Tennessee	19.6%	40th	489,000	3,600	17.1%	41st	14,000	2,300	320	\$13.97	\$813.8
Texas	13.8%	3rd	1,247,200	9,400	6.3%	5th	24,900	7,100	1,000	\$45.72	\$2,250.4
Utah	7.7%	1st	74,000	300	5.0%	2nd	2,700	460	60	\$4.95	\$106.3
Vermont	15.0%	18th	38,100	300	16.7%	40th	1,000	150	20	\$1.52	\$97.6
Virginia	15.8%	21st	490,300	3,600	7.5%	10th	7,800	1,900	270	\$19.05	\$826.3
Washington	13.8%	3rd	354,400	3,100	9.0%	17th	8,000	1,500	220	\$16.51	\$816.8
West Virginia	23.6%	49th	174,400	1,500	29.7%	50th	6,200	620	80	\$3.68	\$278.5
Wisconsin	17.3%	30th	381,400	2,800	14.9%	33rd	10,600	1,100	160	\$15.24	\$793.9
Wyoming	19.7%	41st	40,000	200	20.7%	48th	1,600	170	20	\$1.27	\$54.6
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Women = 18 years and older. Kids = Less than 18 years old. \* No CA pregnant smoking rate data available. Lowest state rate (DC) used, instead, to estimate number of pregnant births in CA.

**Sources:** State-specific smoking rates, 2009 Behavioral Risk Factor Surveillance System (BRFSS). National: 2009 National Health Interview Survey (NHIS). U.S. Bureau of Census, 2009 population estimates used to compute number of women smokers. Annual smoking deaths from the CDC's STATE System (average annual deaths from 2000-2004). Pregnant women state-specific smoking rates: in regular type from 2002, CDC, "Smoking During Pregnancy – United States, 1990-2002," *MMWR* 53(39) October 8, 2004

<http://www.cdc.gov/mmwr/PDF/wk/mm5339.pdf>; in **bold** type from 2005 "Trends in Smoking Before, During and After Pregnancy – Pregnancy Risk Assessment Monitoring System (PRAMS), United States, 31 Sites 2000-20005," *MMWR* 58 SS-4, May 29, 2009 <http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5804a1.htm>. National pregnant women smoking rate: National Center for Health Statistics, *Health, United States, 2008*. Hyattsville, MD, 2009 (Data are for the 33 reporting areas that used the 1989 Revision of the U.S. Standard Certificate of Live Birth for data on smoking). <http://www.cdc.gov/nchs/data/hus/hus08.pdf> Births: Tejada-Vera, B & Sutton, PD, *Births, marriages, divorces, and deaths: Provisional data for 2009*, National vital statistics reports 58(25), Hyattsville, MD: National Center for Health Statistics, 2010. Leistikow, B, et al., "Estimates of Smoking-Attributable Deaths at Ages 15-54, Motherless or Fatherless Youths, and Resulting Social Security Costs in the United States in 1994," *Preventive Medicine* 30(5): 353-360, May 2000, and state-specific data provided by the author. Costs: CDC, *Sustaining State Programs for Tobacco Control: Data Highlights 2006*, [http://www.cdc.gov/tobacco/data\\_statistics/state\\_data/data\\_highlights/2006/index.htm](http://www.cdc.gov/tobacco/data_statistics/state_data/data_highlights/2006/index.htm).

***Campaign for Tobacco-Free Kids, April 26, 2011 / Meg Riordan***